



Biblical Foundations One LEADER'S DISCUSSION GUIDE

Introduction

Thank you for leading a Biblical Foundations One small group. As part of Church of the King's core curriculum, it is a rich study of God's Word that focuses on fundamental and essential truths.

The first six chapters of *The Purple Book* will be your text along with a weekly video by BibleProject™ to supplement learning. Six to eight discussion questions, taken from *The Purple Book*, are suggested each week to facilitate group discussions. Feel free to add, eliminate or change these questions as you see fit. A synopsis of the BibleProject™ video is provided to help review presented truths.

Since *The Purple Book* is the focus of Biblical Foundations One, home study is key to getting the most out of the next six weeks. Encourage your small group to complete the weekly homework. Emphasize that it is beneficial to do one lesson per day to optimize learning.

This Leader's Discussion Guide and the BibleProject™ videos are found at ChurchoftheKing.com/foundations.

Small Group Format

Each lesson follows the same format.

1. Welcome and open in prayer.
2. View BibleProject™ video. You may read the synopsis to the group before or after showing the video.
3. Ask the suggested discussion questions based on *The Purple Book*. You may add, eliminate or change which questions you choose to ask.
4. Review the home study assignment for the upcoming week.
5. Ask for prayer requests within the group and close in prayer.

Before Week One

Small group participants should complete Chapter One in *The Purple Book*, Sin & Salvation, before the first meeting. It is also recommended that the Forward and Preface be read before Week One.

Important Elements for Week One

In Week One, you will want to establish clear guidelines and expectations in order to lay a good foundation for a healthy group experience.

Attendance: Each member should make a commitment to attend the group every week.

Home Study: Completion of weekly homework assignments is key to getting the most out of Biblical Foundations One

Safe Environment: Create a safe, non-judgmental place for each person to come and feel loved.

Confidentiality: Emphasize the importance to keep everything shared in the group, *in* the group.

Small Group Roster: Get contact information from every person and consider a GroupMe text for announcements and prayer requests.

Shared Ownership: You may want to share the responsibility of leading the group and/or have others help with needed tasks.

Biblical Foundations One—Tips for Leaders

Be a servant leader.

A common phrase used at Church of the King is, “I’m not where I want to be, but I’m not where I used to be.” We’re all on this journey together. Let your small group know that you’re just as excited to learn from the material and discussions as they are. Most importantly, just be you. Admit when you do not have an answer, and apologize when you make a mistake. Your group will love you for it.

Rely on the power of prayer.

Cover every aspect of your small group in prayer. Pray for each member by name. Ask God to use your time together to touch the heart of every person uniquely. Expect God to lead you to whomever He wants to encourage or challenge in a special way.

Prepare for your small group ahead of time.

Complete the homework and review the suggested discussion questions from *The Purple Book*. Read through your lesson plan and watch the video before your group meets. You will discover that the time you spend preparing will not only benefit your group, but it will also give you confidence as a leader.

Involve every member in discussion.

The suggested questions from *The Purple Book* are discussion starters. Give small group members an opportunity to answer. Affirm responses with a simple “Thanks” or “Good job.” Then ask, “Would someone who has not shared like to add anything?”

Prevent one person from dominating.

One of the most effective ways to keep one person from dominating the discussion is to communicate that it is important to hear from each member. Encourage discussion, but emphasize that being respectful of time gives everyone a chance to participate.

Be Open to God's Leading During the Lesson

Most often, God uses the discussions in small group to accomplish His purposes. Even though a lesson plan is provided for each week, it does not have to be rigidly followed if God leads you to focus on other questions presented in *ThePurpleBook*. When you and your group are covered in prayer, be prepared to be amazed at what God will do.

LESSON PLAN for WEEK ONE

Sin & Salvation

Biblical Foundations One

1. Welcome and Open in Prayer

2. Review Important Elements for Week One

(Found on pages 2 and 3 of this Leader's Discussion Guide.)

3. View BibleProject™ video. (5:42 minutes)

<https://thebibleproject.com/videos/khata-sin/>

The title of this BibleProject™ video is **Khata: "Sin"**. The Hebrew word *khata* means "sin." It refers to a failure to fulfill the goal. The video describes three characteristics of sin:

1. A failure to love God and others.
2. Our inability to judge whether we're succeeding or failing.
3. A deep selfish impulse that drives much of our behavior.

We learn from the video why the story of Jesus is such good news. He is depicted as Creator and truly human. He never failed to love God and others. He did not sin, but He took responsibility for humanity's history of failure. He lived for others and died for their sins. Jesus was raised from the dead to offer the gift of His life—and it is His life that covers every human failure.

4. The Purple Book Discussion Questions

1. Page 17, Question 9: How did God respond to Adam and Eve's sin?
(Genesis 3:8-9)
2. Page 19, Question 5: What impact has sin had on the human heart?
(Jeremiah 17:9)
3. Page 19, Question 8: How does the Bible describe eternal judgment?
(Matthew 25:41, 1 Thessalonians 1:9-10, Revelation 21:8)
4. Page 21, Question 9: What does Jesus' blood—His sacrificial death—do for us? **(Romans 5:9, Ephesians 1:7, Ephesians 2:13, 1 John 1:7, Revelation 1:5)**
5. Page 21, Question 10: What did Jesus do for us on the cross?
(1 Corinthians 15:3-4, 2 Corinthians 5:21, Galatians 3:13-14, 1 Peter 2:24)

6. Page 22, Question 12: What is the significance of Jesus' resurrection? What if there was no resurrection? **(1 Corinthians 15:14-19)**
7. Page 24, Question 5: What do the following passages tell you about being "born again" or "born of God"? **(John 1:12-13, 1 Peter 1:23, 1 John 3:9, 1 John 4:7)**
8. Page 25, Question 1: Is it possible to be saved by the good things we do—our "works"? How are we saved? **(Ephesians 2:8-9)**

5. Home Study Assignment

Complete Chapter Two, Lordship & Obedience, in *The Purple Book* (pages 27 – 36) for next week.

6. Prayer Requests and Close in Prayer

LESSON PLAN for WEEK TWO
Lordship & Obedience
Biblical Foundations One

1. Welcome and Open in Prayer

2. View BibleProject™ video. (5:47 minutes)

<https://thebibleproject.com/explore/gospel-kingdom/>

The title of this BibleProject™ video is **Gospel of Kingdom**. Isaiah tells of a time when God would return to Jerusalem, take up His throne and establish peace. In the Old Testament, the good news always referred to the announcement of a new king. The Gospel, as used in the New Testament, is a summary of Jesus' teachings. Jesus said that the greatest person in God's kingdom was the weakest. He taught that we are to love and serve the poor and to respond to evil by loving our enemies and forgiving them. Jesus' crucifixion is depicted as His enthronement as the King of the Jews. He is the King who defeated death with His love.

3. *The Purple Book* Discussion Questions

1. Page 29, Question 5: According to Jesus, who will enter the kingdom of heaven? **(Matthew 7:21-23)**
2. Page 31, Question 7: What is the difference between those who love Jesus and those who do not? **(John 14:15, 23-24)**
3. Page 31, Question 10: What is the reason that people live in sin and still think they are Christians? **(1 Corinthians 6:9-10)**
4. Page 33, Question 8: As we live in love and unity with one another, what did Jesus promise would be the world's response? **(John 17:23)**
5. Page 33, Question 9: What is a key to having this kind of unity? **(Philippians 2:3-4)**
6. Page 35, Question 7: If we say we love God yet hate a brother or sister, what does the bible say we are? **(1 John 4:20)**

4. Home Study Assignment

Complete Chapter Three, Repentance & Baptism, in *The Purple Book* (pages 37 – 46) for next week.

5. Prayer Requests and Close in Prayer

LESSON PLAN for WEEK THREE

Repentance & Baptism

Biblical Foundations One

1. Welcome and Open in Prayer

2. View BibleProject™ video. (6:50 minutes)

<https://thebibleproject.com/explore/sacrifice-atonement/>

The title of this BibleProject™ video is **Sacrifice and Atonement**. We learn in the Old Testament that blood represents life. The blood of animals was used as an atoning sacrifice for human evil. All the sacrifices for sin in the Old Testament were pointing toward Jesus who is the perfect sacrifice. His death on the cross provided purification and broke the power of death. Jesus taught His followers to perform two rituals—water baptism and the Lord’s Supper. Water baptism becomes our personal connection to His death. Coming out of the water is symbolic of coming back to life with Jesus. The Lord’s Supper is a reenactment of Jesus’ last meal with His disciples. The bread and wine are symbols to remember the power of His death and life. The power that brought Jesus back from the dead is the same power that can deal with the evil in our own lives. We can be transformed into followers of Jesus who lead lives of love and peace.

3. *The Purple Book* Discussion Questions

1. Page 38, Question 7: What did Peter say they would receive if they would repent and be baptized? **(Acts 2:38)**
2. Page 42, Question 15: Part of repentance is being sorry for our sins. What are the two types of sorrow, and what do they produce? **(2 Corinthians 7:10)**
3. Page 42, Question 16: Besides repentance, what else does godly sorrow produce? **(2 Corinthians 7:11)**
4. Page 43, Question 3: What was the evidence that the “Lord’s hand” was with those who proclaimed Christ? **(Acts 11:21)**
5. Page 43, Question 5: What does the Bible say about faith without any corresponding works? **(James 2:26)**
6. Page 46, Question 8: Paul says baptism is like a circumcision not done by human hands, but a circumcision done by Christ. What is put off during this spiritual circumcision? **(Colossians 2:11-12)**

4. Home Study Assignment

Complete Chapter Four, The Holy Spirit & Spiritual Gifts, in *The Purple Book* (pages 47 – 54) for next week.

5. Prayer Requests and Close in Prayer

LESSON PLAN for WEEK FOUR
The Holy Spirit & Spiritual Gifts
Biblical Foundations One

1. Welcome and Open in Prayer

2. View BibleProject™ video. (4:10 minutes)

<https://thebibleproject.com/explore/holy-spirit/>

The title of this BibleProject™ video is **Holy Spirit**. The Hebrew word for God's Spirit is *ruakh*. It describes God's personal presence and is compared to the power and energy of wind and breath. The first mention of the Spirit is found in Genesis 1:2. In the New Testament, when Jesus was water baptized in the Jordan River, God's Spirit came and rested upon Him like a dove. Jesus was empowered to begin the new creation by bringing life where there was once death. Jesus healed others and forgave sin. It was God's Spirit that raised Jesus from the dead. Jesus breathed on His disciples and they received God's Spirit. Soon afterwards, the Spirit powerfully came upon all of Jesus' disciples so that they could be part of the new creation by sharing the Good News and living by the energy and influence of God's Spirit. It is the Spirit that transforms and empowers Jesus' disciples to love God and others.

3. The Purple Book Discussion Questions

1. Page 48, Question 1: Who is the Holy Spirit? (**John 14:16, John 14:17**)
2. Page 50, Question 6: What must we do to bear spiritual fruit? (**John 15:4-5**)
3. Page 50, Question 7: What does it mean to "remain in the vine?" (**John 15:4-7**)
4. Page 50, Question 8: What are the fruit of the Spirit? (**Galatians 5:22-23**)
5. Page 51, Question 1: What are the "spiritual gifts" that Paul mentions? (**Romans 12:6-8**)
6. Page 52, Question 3: What are the "manifestations of the Spirit" that are given for the common good? (**1 Corinthians 12:4-11**)
7. Page 52, Question 5: What should be our motivation for desiring and using our spiritual gifts? (**1 Corinthians 13:1-12**)
8. Page 54, Question 4: Read the following five accounts of people who received the Holy Spirit in the book of Acts. How did they receive the Spirit? What happened when they received God's Spirit? (**Acts 2:1-6, Acts 8:14-19, Acts 9:17-19, Acts 10:44-48, Acts 19:1-6**)

4. Home Study Assignment

Complete Chapter Five, Spiritual Hunger & God's Word, in *The Purple Book* (pages 55 – 62) for next week.

5. Prayer Requests and Close in Prayer

LESSON PLAN for WEEK FIVE
Spiritual Hunger & God's Word
Biblical Foundations One

1. Welcome and Open in Prayer

2. View BibleProject™ video. (8:17 minutes)

<https://bibleproject.com/explore/new-testament-overview/>

The title of this BibleProject™ video is **New Testament Overview**. The word “testament” refers to a covenant partnership. There are twenty-seven books in the New Testament. All were written within thirty to forty years of each other by first generation followers of Jesus. Through God’s Spirit, human words of truth and hope have been speaking for centuries. The first four books are the Gospels which tell the good news of Jesus. The book of Acts follows and tells how through the Spirit, God empowered Jesus’ followers to spread His life and love. Paul’s thirteen letters following Acts are arranged from longest to shortest. Hebrews comes next and then the letters from James and Jude who were Jesus’ half brothers. Peter and John’s letters follow. The New Testament ends with the book of Revelation which brings the whole biblical story together in powerful symbolism and imagery. The New Testament represents the testimony of the apostles that points to the risen Jesus.

3. *The Purple Book* Discussion Questions

1. Page 57, Question 9: What do the following passages teach about God’s Word? (**Psalm 119:89, Psalm 119:160, Isaiah 40:8, Isaiah 55:11, Matthew 24:35, John 17:17**)
2. Page 58, Question 11: What does Jesus say we will be judged according to on the last day? (**John 12:48**)
3. Page 59, Question 4: How did Jesus overcome temptation and defeat the devil? (**Matthew 4:1-11**)
4. Page 59, Question 6: What are ways God’s word benefits the believer? (**Psalm 119:98-100, Psalm 119:105, Psalm 119:165, Proverbs 4:20-22**)
5. Page 60, Question 5: What do you think it means to “hunger and thirst for righteousness?” (**Matthew 5:6**)
6. Page 62, Question 6: What happens to the person who hears Jesus’ words and puts them into practice? (**Luke 6:46-48**)
7. Page 62, Question 7: What happens to the person who hears Jesus’ words but does not put them into practice? (**Luke 6:49**)

4. Home Study Assignment

Complete Chapter Six, Discipleship & Leadership, in *The Purple Book* (pages 63 – 74) for next week.

5. Prayer Requests and Close in Prayer

LESSON PLAN for WEEK SIX
Discipleship & Leadership
Biblical Foundations One

1. Welcome and Open in Prayer

2. View BibleProject™ video. (5:19 minutes)

<https://thebibleproject.com/explore/way-of-the-exile/>

The title of this BibleProject™ video is **The Way of the Exile**. Babylon is symbolic of any human institution that demands allegiance to its idolatrous definitions of good and evil. The book of Daniel describes how the way of the exile is to serve Babylon, to seek its well being, but to always stay loyal to God. Believers in Jesus are considered exiles because heaven is our true home. We live in “Babylon” with the tension between loyalty to God and subversion (to undermine power or authority).

3. The Purple Book Discussion Questions

1. Page 65, Question 5: What does each of these illustrations teach you about discipleship? Soldier, Athlete, Farmer
2. Page 66, Question 1: What three things did Jesus say all his disciples must do? **(Mark 8:34)**
3. Page 67, Question 7: What has it cost you to follow Jesus? What are you willing to give up in order to follow him?
4. Page 68, Question 3: What is the message of the cross to the perishing? What about to those who are being saved? **(1 Corinthians 1:18)**
5. Page 70, Question 1: What has God provided for us by his divine power? **(2 Peter 1:3)**
6. Page 71, Question 11: What results in our lives when perseverance finishes its work? **(James 1:4)**
7. Page 74, Question 9: What are we to teach the people we are discipling? **(Matthew 28:20)**
8. Page 74, Question 10: What is the difference between teaching facts and teaching someone to obey God’s commands? **(Matthew 28:20)**

4. Home Study Assignment

Consider joining a Biblical Foundations Two small group. It covers chapters seven through twelve in *The Purple Book*.

5. Prayer Requests and Close in Prayer