

January 2019 Champions Discussion Guide

Care

- Ask hosts to share victories and testimonies from their groups.
- Any challenges in your group?
- What do you envision for your small group in 2019?

Communicate

Above the Noise New Host Trainings

- ALL // Tuesday, January 8th 8 PM// Facebook live orientation
- ALL // Wednesday, January 9th 2 PM// Reshare Video on Facebook
- LCC Annex // Sunday, January 13th, 9:30 AM
- LCC Annex // Tuesday, January 15th, 7 PM

Above The Noise Community Series begins January 12th -13th

We invite you to **“be the buzz”** this weekend, **January 12-13**. We want to make it easy for people to get connected by having leaders like you share your love for groups and invite people to join your *Above The Noise* group.

1. If you have a black “Ask Me About Groups” t-shirt from serving, wear it on those weekends.
2. Or stop by Information Central and grab a “Ask Me About Groups!” button.
3. If you’re able, meet us at the Living Room 30 mins before the start of your regular service. We’ll have buttons, t-shirts (as long as supplies last) and helpful tips for you.
4. Then **be the buzz** and engage people about small groups.

Coach

This month’s discussion is about *“Increasing Your Impact”*. We are all looking forward to growing this coming year and therefore making a greater impact with God’s love. So, we are going to be looking at the beginning of Jesus’ public ministry to discover how we can increase our impact as we engage in the leadership journey.

Jesus demonstrates the greatest model of how to increase your impact and influence in your leadership journey and is found in *Mark 1:9-37*

There are 4 key principles we will explore that are taken from this portion of scripture that will help to **Increase your impact through...**

1. Obedience and Humility

“At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan.” Mark 1:9

- Jesus walked in humility by identifying with the people he came to serve and modelling to them what was expected.
- Some of the greatest people you know are probably humble because humility is a vital quality of a true servant-leader.

2. Dependence on God

“At once the Spirit sent him out into the wilderness,¹³ and he was in the wilderness forty days, being tempted^[a] by Satan. He was with the wild animals, and angels attended him.” Mark 1:12-13

- Jesus found himself being led into the wilderness for 40 days, which caused him to depend fully on God his father for the strength he needed to make it through the wilderness journey.
- As leaders, when we become dependent on God we increase our impact because we decrease our dependence on ourselves and put our dependence on God

3. Building People

As He was going along by the Sea of Galilee, He saw Simon and Andrew, the brother of Simon, casting a net in the sea; for they were fishermen. And Jesus said to them, "Follow Me, and I will make you become fishers of men." Mark 1:16-17

- After successfully overcoming the enemy in the wilderness, Jesus was filled with the Spirit for the purpose of preaching the gospel and making disciples.
- God fills us with His Spirit to fulfil the great commission of Reaching People and Building Lives.

4. Rest and Connection with God

In the early morning, while it was still dark, Jesus got up, left the house, and went away to a secluded place, and was praying there. Mark 1:35

- Jesus in all of His Godliness and Humanity still recognized the importance of resting and connecting with His Heavenly Father.
- Even Jesus experienced the natural depletion of physical and emotional energy. He knew that rest and connection with God refuelled Him and that was where His source of strength and sustenance came from.
- How much more do we need rest and connection with God?

For more information on *"Increasing Your Impact"*, or to share with your team, you can [CLICK HERE](#) or go to cotkleaders.com to listen to the Podcast.

Discussion Questions:

- Discuss some people that are famous or have impacted your life because they are humble and live out the true meaning of servant leadership.
- Talk about a time in your walk with God that you felt deeply dependent upon Him. What did you learn from that experience or season in your life?
- What are some ways to practically grow in humility and dependence on God?
- What fills you? What type of activities do you participate in that fills you emotionally rested and makes you feel connected with God?

We want to leave you with an action step this week.

1. Connect with ONE member in your small group and ask them to Identify ONE way each of you can "Increase Your Impact" in 2019.
2. Connect with God in prayer and be intentional about scheduling activities that replenish your emotional and spiritual tank.

Prayer

Allow time for prayer requests.