

Whilst the disciples mistook Jesus' nap in the boat for unconcern, it is here that Jesus perfectly illustrates His provision of peace for us all. Have you ever been in a storm where it first *appeared* as if God was detached, only to realize that He had perfect control all along?

Whatever storms we face, there are **3 Truths to Remember in the Storms**.

1. God knew you'd be in this storm.
 - Although God may not cause the storm, our Omniscient God is never surprised by the storms you face. Storms come from three primary sources:
 - Poor decisions we make.
 - The devil's schemes to kill, steal, and destroy us.
 - We live in a fallen world marred by mankind's sin.
 - **Read John 16:33, Acts 14:22, and 2 Thessalonians 3:16.** God knew that you would need His peace in this world. Share an experience when you had inexplicable peace during a difficult time. What helped you maintain peace during that time?
2. Jesus is with you in this storm.
 - **Read Hebrews 13:5, Deuteronomy 31:8, and Matthew 6:25.** Think about any existing storms you are facing and picture Jesus sitting right beside you. What would Jesus lean over and say to you about the difficulty you are experiencing? How can you practically help others who are also facing challenges right now?
3. God grows us through the storms.
 - **Read James 1:2-4 and Romans 5:3-4.** Describe how God has used challenging times to increase your faith, change your perspective, or mature in your spiritual journey.

Life Challenge

How has this lesson helped change your perspective on facing difficult situations? How will you respond differently?

Prayer

Jesus, I believe You when You say that You are the "Peace Giver." I know that I can rest in the confidence that You knew this storm would come, You are with me right now, and that You are working this storm out for my good and Your glory. Today, I exercise the peace You have given me. I will not be shaken. Amen.
Pray for the specific needs of your group.