



My Identity – Week Two

DISCUSSION GUIDE

Overview

Last week we looked at resetting our relationship with God. This week we will learn how to have a reset in our identity through Christ.

Discussion Questions

Have you ever had a time in your life when you felt like you needed a reset button? Share about this time with the group if you feel comfortable.

It is through the grace of Jesus that we can have an identity reset. Here's an incident from the Bible when Jesus changed someone's identity.

- **John 1:42 reads, "...Now when Jesus looked at him, He said, 'You are Simon the son of Jonah. You shall be called Cephas' (which is translated, A Stone)."**
- Jesus changed Peter's identity from Simon ("a reed tossed in the wind") to Peter ("a stone" or "a rock"). That's how powerful the grace of Jesus is. Share some of the ways in which God has given you a new identity.

Three Ways You Can Walk Out Your New Identity in Christ:

1. Acceptance

Once we are Christians, we receive a new identity in Christ. Jesus gives us a new name and it's up to us to accept our new identity.

- **1 Peter 2:9 reads, "But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light."**

- God esteems us and values us tremendously. Why do we have a hard time seeing ourselves as God sees us?

2. Belief

God formed us before we were even born, so He knows all of our personality traits, quirks, and idiosyncrasies. Jesus uses what we see as weaknesses as our strengths. We must believe that God knows us best and sees our full potential.

- **Romans 8:28: And we know that all things work together for good to those who love God, to those who are called according to His purpose.**
- No matter what we go through, God can take those negative experiences and produce a positive outcome. We have to believe what God says about us. What part of your identity do you need to work on seeing as God sees you?

3. Talk

What we say to and think of ourselves throughout the day is powerful. It sinks in and shapes how we identify ourselves. We need to talk to ourselves the way God identifies us.

- **Ephesians 2:10: For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.**
- What resonates most with you in this passage? Are there other Scriptures you can say to yourself daily to remind yourself of your identity in Christ? Brainstorm as a group.

Life Challenge

- Commit to watch Pastor Steve's message next weekend in the *Reset* series and invite someone to join you.
- Take some time this week to remind yourself how God sees you. Any time that you start to think something contrary to God's view of you, stop and say aloud, "I am a child of God. I am not a mistake, and God has a plan for my life."

Prayer

Dear Lord, Thank You for creating me. Please remind me how You see me. I want to see myself as You do, and I want to fulfill the purpose You have for my life. Amen.

Pray for the specific needs of the group.