



Uncertain – Stay In Peace

DISCUSSION GUIDE

Overview

Sometimes we are faced with unexpected challenges that can fill us with worry and anxiety. Today's discussion teaches us how to move past our insecurity, trust God, and walk in His supernatural peace.

Discussion Questions

If you watched Pastor Steve's sermon message, what resonated most with you?

Mark 4:37-39 reads, *And a great windstorm arose, and the waves beat into the boat, so that it was already filling. But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, "Teacher, do You not care that we are perishing?" Then He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was a great calm.*

- What does it say to you that Jesus was asleep on the boat during a violent storm?

When we are in the storm, we don't have to let the storm get inside of us. Rather, when we have an attitude of faith, God can bring us to a place of inexplicable peace.

- If hard things in life could be thought of as storms, what has been a storm you have overcome? How did you get through it?

Jesus says in **John 14:27**, *Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.*

- There are times we can lose our peace over things we can't change. What would (or does) peace look like in the current storm you face?

Three Keys To Staying In Peace

1. Recognize God is in control.

Romans 8:28 says, *And we know that all things work together for good to those who love God, to those who are the called according to His purpose.*

When we worry, we forget that God is in control and that His timing is perfect. Why is it hard to let go of control and give it to God? Share an experience when what you thought was premature or delayed timing, turned out to be God's perfect timing.

2. Realize God's peace is not based on your circumstances.

In Philippians 4:6-7, Paul encourages us, *Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.*

God wants us to have His supernatural peace. How will you personally respond to this challenge from Paul?

3. Remember to practice the presence of God.

God's supernatural peace is not an absence of problems, but it is experiencing His presence and finding rest amidst the storm. Is it difficult for you to believe that peace with God is possible? Why or why not?

Life Challenge

Commit to watch Pastor Steve's message next weekend in the *Uncertain* series and invite someone to join you.

What is something that stands in the way of your peace with God? Take a moment to pray with thanksgiving to God, then ask Him for help and peace over your situation. Share what you prayed with someone you trust.

Prayer

Lord Jesus, we ask You to give us total peace in our mind, body, soul, and spirit. We give You everything that is causing stress, fear, grief, and worry in our lives. Bring peace to my soul that goes beyond my understanding. Amen. Pray for the specific needs of the group.