



Be – Week 4

DISCUSSION GUIDE

Overview

In the fourth message of **Be Happy**, we focus on the attitude of **hunger** and having a deep desire for God's truth, righteousness, and purpose in our lives.

Discussion Questions

Matthew 5:6 says, "Blessed are those who hunger for thirst and righteousness, for they shall be filled." Jesus teaches us what to hunger for, so that we can live a happy and blessed life. God knows we have desires and cravings. He promises to fulfill us.

Types of Hunger:

- Emotional - hunger for more satisfaction, contentment, and acceptance
- Physical - hunger for food
- Relational - hunger to love and be loved, for companionship and intimacy
- Spiritual - hunger for more than what we see in the here-and-now, craving for peace and connectedness to God

God designed us with desires and cravings. We must follow Jesus, so that we are fulfilled. Things are for our enjoyment, but it is Christ who fulfills us. **John 10:10** says, "The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full." Just as he did in the wilderness to Jesus, the enemy tries to tempt us.

How the Enemy Tempts

- Lust of the Flesh - "I want it...now!"
- Lust of the Eyes - "I want it...all!"
- Pride of Life - "I want it...my way!"

Let us be mindful to avoid the enemy who wants to ruin our appetite for God. We want to follow Jesus and properly fulfill our desires and cravings and access the happy, blessed, and abundant life that He died on the cross for us to have.

Three Lessons from Jesus on Hunger:

1. Hunger for God's truth.

If we hunger for righteousness, we must hunger for God's Word. **John 6:32-35: Then Jesus said to them, "Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. For the bread of God is He who comes down from heaven and gives life to the world." Then they said to Him, "Lord, give us this bread always." And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.** To feed our hunger for God, we pursue the Word of God.

2. Hunger for God's righteousness.

God is aware that we have needs. **Matthew 6:31-33: "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you.** God will meet our needs, but our primary desire should be for Him. When we seek God first, He fulfills us and takes care of every need we have.

3. Hunger for God's purpose.

God designed us with the gifts, talents, and abilities to fulfill a divine purpose. We must fulfill our purpose get deeply filled. In **John 4:34**, we see our powerful our hunger for God's purpose in our life should be: **Jesus said to them, "My food is to do the will of Him who sent Me, and to finish His work."**

Life Challenge

As we hunger for God's truth, righteousness, and purpose in our lives, we want to know God's will for us. Ask God to reveal to you your divine purpose and to equip you to fulfill it.

Prayer

Jesus, thank You for all that You have done for us. Thank You for dying on the cross, so that we may live an abundant life. Fill our hearts and souls with a hunger for your truth and righteousness. Pray for the specific needs of the group.