



The Power Of Enthusiasm

WEEK 3 DISCUSSION GUIDE

OVERVIEW

In this message of *Mind Games*, we will see how the power of enthusiasm can impact the person we become and others around us.

DISCUSSION QUESTIONS

The choices we make will determine the person we will become. **Proverbs 2:11:** *Wise choices will watch over you. Understanding will keep you safe.*

- How have your choices affected who you are today?
- What choices can you make today to become a better person tomorrow?

Deuteronomy 28:47-48: *"If you do not serve the Lord your God with joy and enthusiasm for the abundant benefits you have received, you will serve your enemies whom the Lord will send against you."*

- How can we serve the Lord with joy and enthusiasm?

What Is Enthusiasm?

1. Enthusiasm is an energizer.
Enthusiasm adds instead of subtracts and develops instead of drains.
 - How can we add value to others?

- Has there ever been anyone in your life that drained you? How can we begin to implement healthy boundaries with those who tend to be draining without causing offense?
2. Enthusiasm is an elevator.
Enthusiasm lifts others up.
 - Share a time when someone lifted you up when you were having a bad day.
 - What are some ways Jesus lifted others up?
 3. Enthusiasm is an eliminator.
Enthusiasm will help you overcome problems and doubts.
 - How has the Holy Spirit encouraged you through challenges?
 4. Enthusiasm is an enticer.
Enthusiasm can give others hope and encourage them to give that same hope to people in their lives.

How Can I Live in the Power of Enthusiasm?

1. It's a choice!
2. Hang around with enthusiastic people.
3. Pray and invite God to come and live within.
 - What changes do you need to make to live with more enthusiasm?

LIFE CHALLENGE

1 Corinthians 15:58: *So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless.* Think about ways you can work enthusiastically for the Lord this week. When you make the choice to be enthusiastic, you can have peace knowing that God used you in a great way to impact someone's life.

PRAYER REQUESTS & CLOSE IN PRAYER