



DISCUSSION GUIDE

Chapter 7

How Do I Change and Begin My New Life in Christ?

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me – everything you heard from me and saw me doing. Then the God of peace will be with you.”

~ Philippians 4:8-9

DISCUSSION POINTS

1. Recognize that this change is a process
2. Get water baptized as an act of obedience
3. Grow in spiritual disciplines
 - a. Read your Bible daily
 - b. Pray regularly
 - c. Stay in community
 - d. Serve others

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DISCUSSION QUESTIONS

What is the difference between biblical repentance and feeling bad for something we did or didn't do? Where does the gift of repentance come from?

Describe one area where surrendering has been difficult.

What has been your understanding of Water Baptism in the past? Does this differ from the way it is described in the book or message?

Which of the spiritual disciplines described in the message today are you winning in? Which of them could you use some help in?

PRAYER REQUESTS AND CLOSE IN PRAYER