



Can I Really Be Free? - Message 4 DISCUSSION GUIDE

OVERVIEW

In this message of the series, *Answers*, we'll discover five truths that will help us walk in freedom.

DISCUSSION

- Share a time when you received something for free. How did it make you feel?

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1

Key Thought: You can be saved and yet enslaved.

What sets us free is knowing the truth. Walking in the fullness of freedom is an end result of embodying the truth. **John 8:32** says, ***“And you shall know the truth, and the truth shall make you free.”*** In Exodus, God's own people were enslaved by Pharaoh. But God is the One who set them free. When we turn to God and know the truth, we can truly walk in freedom.

Five Truths to Know for Freedom:

1. Know Your Freedom Is A Threat!

“...the children of Israel are more and mightier than we; come, let us deal shrewdly with them, lest they multiply, and it happen, in the event of war, that they also join our enemies and fight against us...” Exodus 1:9-10

We are impactful today and can leave a legacy in the future when we live free. The enemy sometimes knows our potential more than we do. It's a threat to the kingdom of darkness when our families are walking in the fullness of freedom, so he deals shrewdly with us.

Many of us have been victimized, but we can know that God can use our story for good to reach others and make a difference in our world today. Our freedom is a threat.

- Can you share an example of when your potential or freedom was challenged and how God used it for good?

2. Know What Afflicts Your Bloodline!

Exodus 1:11,14: *Therefore they set taskmasters over them to afflict them with their burdens...and they made their lives bitter with hard bondage...* What are the taskmasters that affect your family? What afflicts your bloodline? The things that afflict our bloodline can make us vulnerable to the same challenges. When we are aware of our history, we can make effective choices and fight against generational consequences.

Unforgiveness can get the best of us. When we have unforgiveness, bitter roots can grow and affect us for generations.

Key Question: What has gotten the best of you and takes the best from you?

- What are some "taskmasters" or burdens that have afflicted your family or bloodline, and how have they impacted you?
- How can understanding your family history and the roots of unforgiveness help you make better choices and break generational cycles?

3. Know The Power Of Repentance.

Exodus 12:7,12: "And they shall take some of the blood and put it on the two doorposts...I will pass through...and execute judgment against all the gods of Egypt..." When we repented and turned to God, we were moved from the kingdom of darkness to the kingdom of light. The power of repentance can break every stronghold over our lives. When we come to the cross, God demolishes strongholds and sets the oppressed free.

Key Thought: Remorse is a false substitute for repentance.

1 Corinthians 7:10 says: **Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.** True repentance unleashes the spiritual power of God in our lives. If it got us saved, it will get us free.

- What is the difference between godly sorrow and worldly sorrow, and how can true repentance lead to freedom?

4. Know The Value Of A Firewall!

Exodus 14:9,19: The Egyptians chased after them with all the forces in Pharaoh's army... Then the angel of God, who had been leading the people of Israel, moved to the rear of the camp. The pillar of cloud also moved from the front and stood behind them.

Key Thought: Build a firewall relationally and emotionally.

We have to build a firewall between us and what we're coming out of that says, "I'm not going back. I'm not going to let what's behind me pursue me and attack me." Relationships and emotions will pull us back into what God's delivering us from. If we don't build a firewall, we'll go back. Jesus delivers all, but we must do our part and build a firewall.

- What practical steps can you take to build a relational and emotional firewall to prevent being drawn back into past struggles or harmful patterns?

5. Know The Power Of The Holy Spirit!

Exodus 14:21: ...the Lord opened up a path through the water with a strong east wind. The wind blew all that night, turning the seabed into dry land. There's no substitute for the Holy Spirit. We need the power of the Holy Spirit so we don't turn back. We need the power of the Spirit to lead us into all truth. It's the Spirit that reminds us of the power of a firewall.

- Why is the Holy Spirit an essential part of our daily lives?

LIFE CHALLENGE

Have you been filled with the Holy Spirit? Ask God to fill you with His Spirit to guide you, speak to you, comfort you, and help you overcome strongholds.